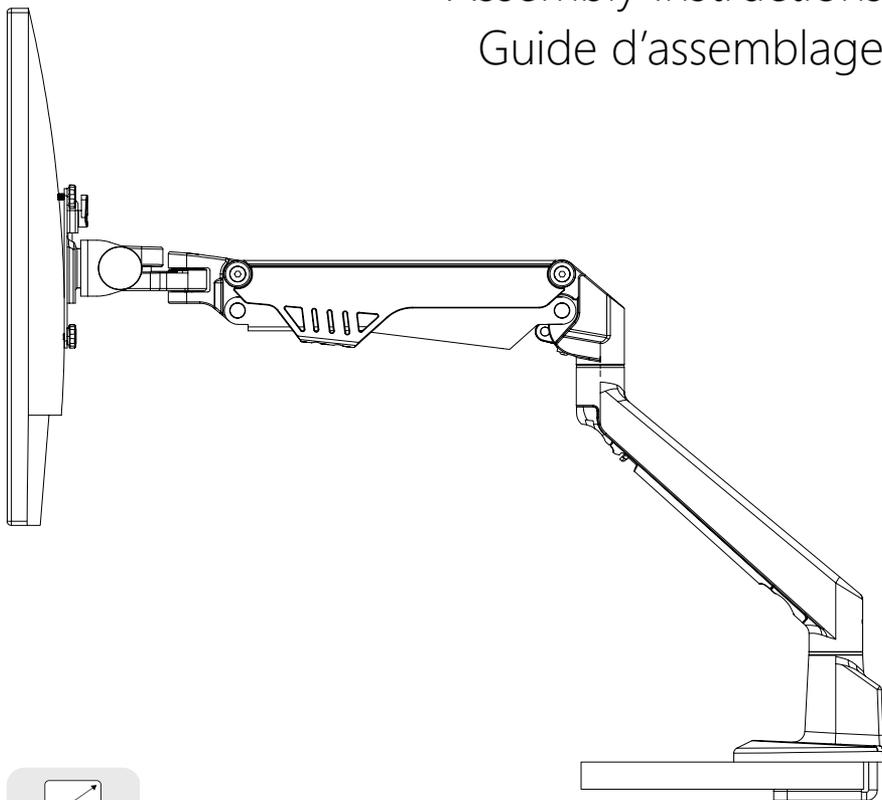


# ûpCentric® Dual Monitor Arm Bras articulé pour un écran

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Assembly Instructions  
Guide d'assemblage



17-35"



75x75, 100x100



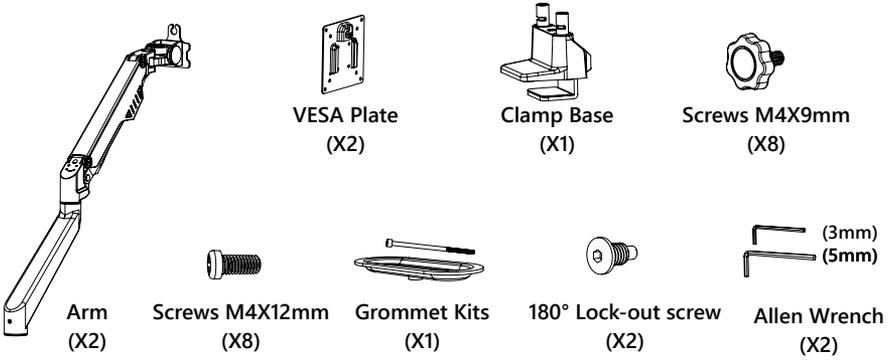
2-9 KG/4.4-19.8 LBS

## ergoCentric®

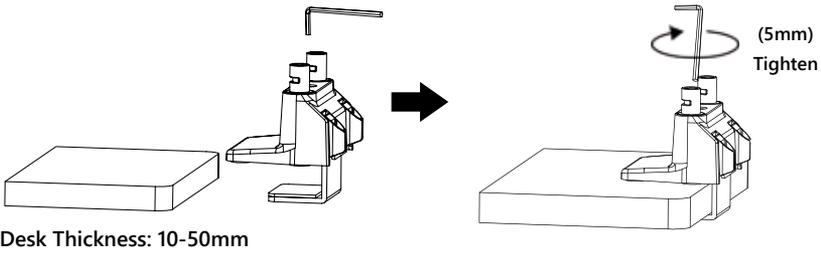
The science of sitting®  
La science de l'assise®

# UpCentric - Dual Monitor Arm

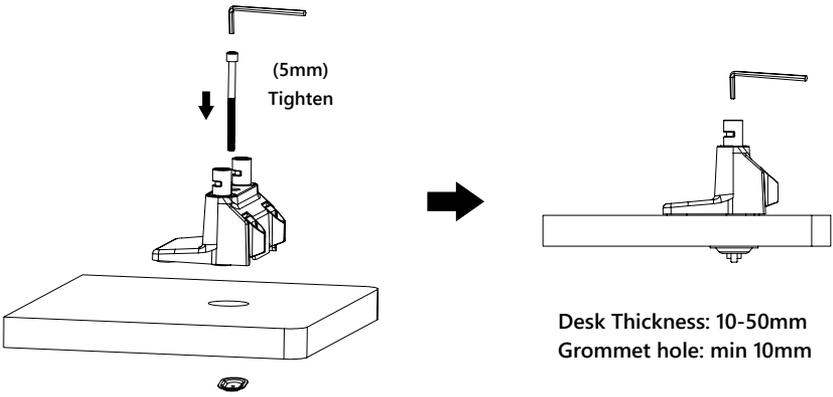
## Parts



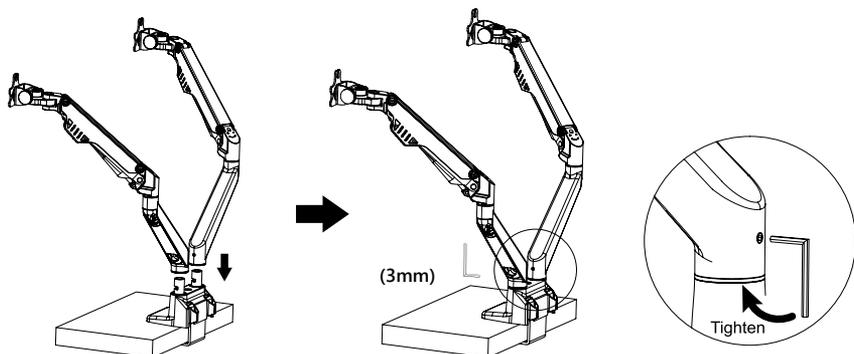
## Base installation - Clamp style



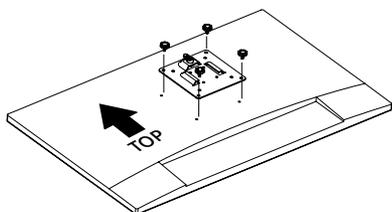
## Base installation - Grommet style



## Arm installation



## Connect VESA plate with monitor

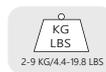


M4X9 screw is the default VESA screw size for most monitors and is designed to be hand-tightened.



M4X12 screw is provided to accommodate monitors requiring longer VESA screws.

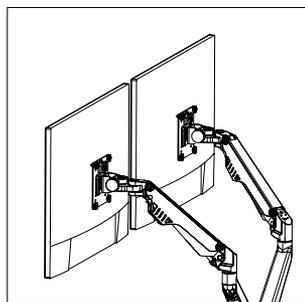
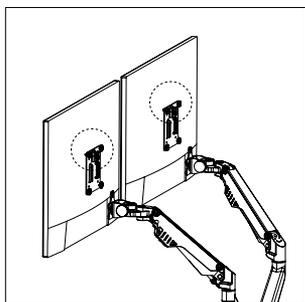
## Monitor installation



Before slide in, please make sure the knob of VESA plate is vertical.



Then turn the knob to the right to lock and fix the plate.

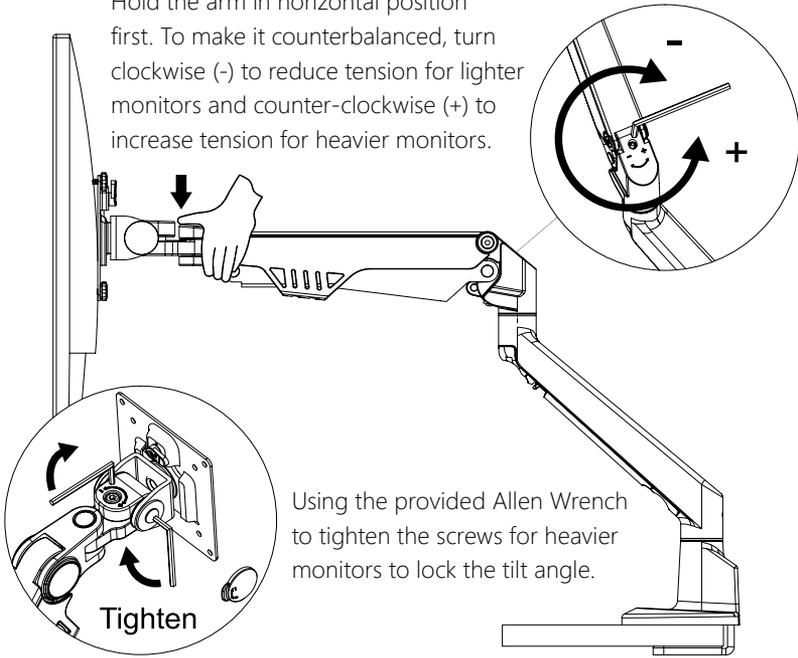


# UpCentric - Dual Monitor Arm

## Adjust arm tension

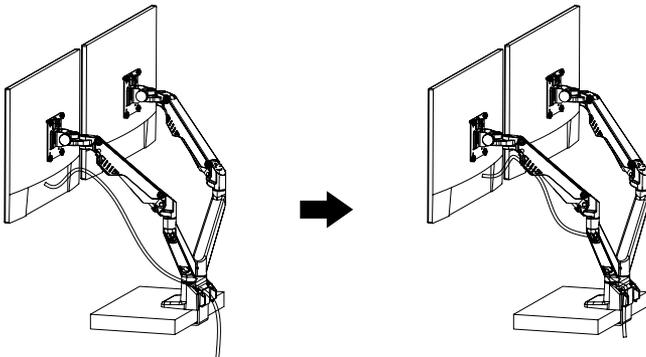
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Hold the arm in horizontal position first. To make it counterbalanced, turn clockwise (-) to reduce tension for lighter monitors and counter-clockwise (+) to increase tension for heavier monitors.



## Cable management

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The cables could be threaded through upper and lower arm section.

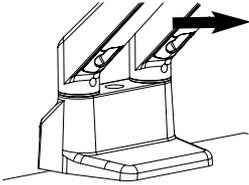
**Note:** An allowance of extra cable should be left to accommodate arm movement.

## Optional function - 180° lock-out function

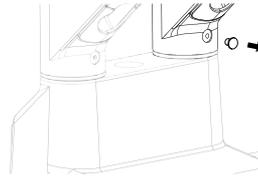
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The 180° lock-out function is optional, and it could prevent monitor arm from crashing into the desktop dividers/screens or walls.

1. Make sure the lower section of the arm faces forward desktop area.

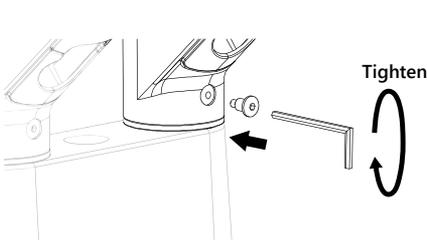


2. Remove the rubber cap on the front of the lower section arm.

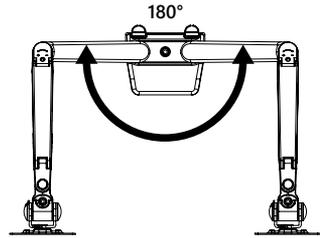


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3. Insert and tighten the lock-out screw to make it 180 degree lock-out.



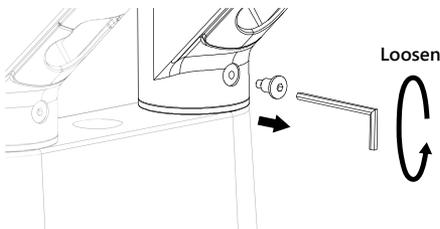
Tighten the lock-out screw



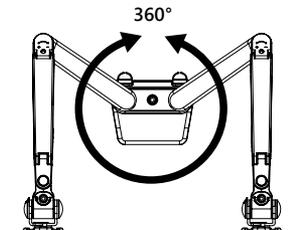
Arm can rotate 180°

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(Remove the lock-out screw to make it 360 degree rotation)



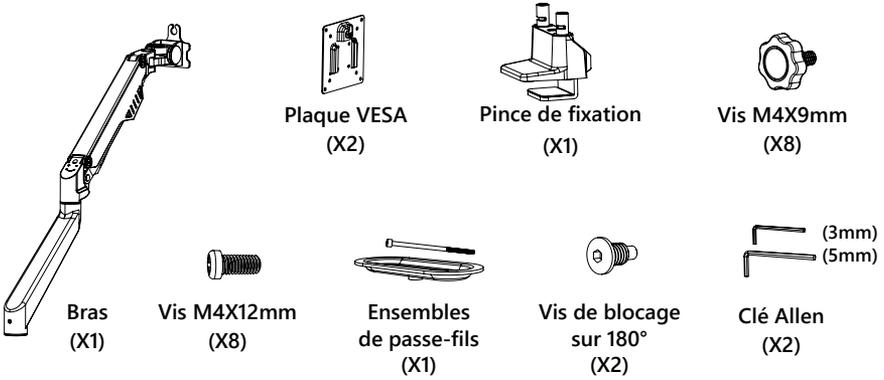
Remove the lock-out screw



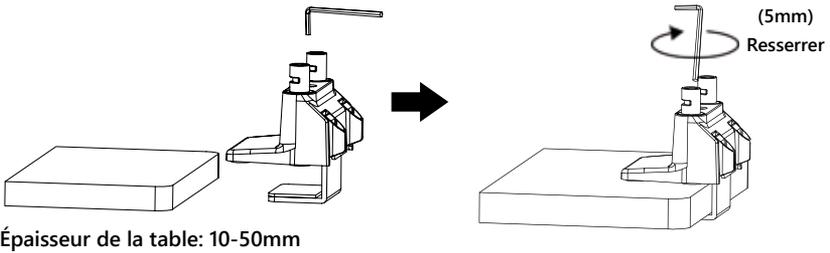
Arm can rotate 360°

# UpCentric - Bras articulé pour un écran

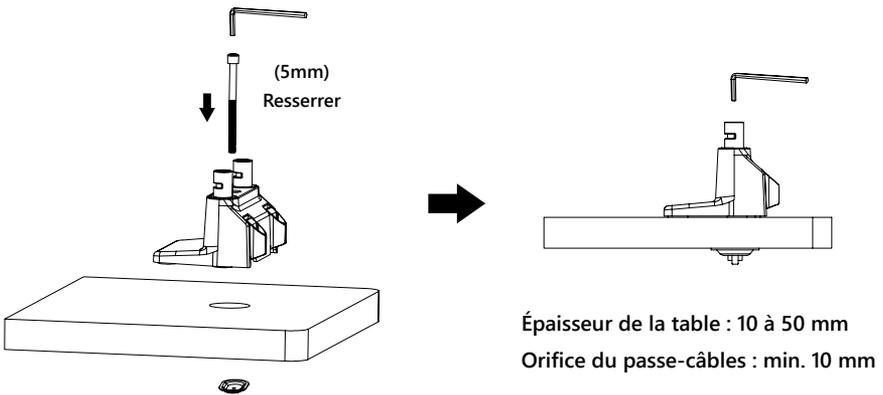
## Liste des pièces



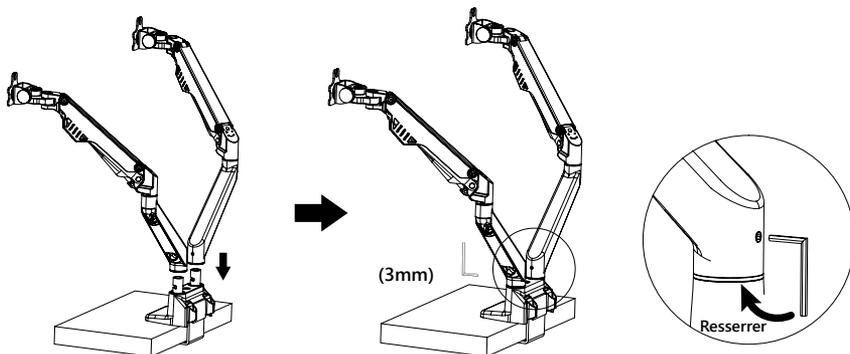
## Installation de base - fixation du bras



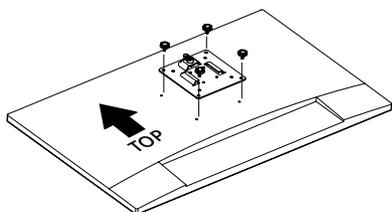
## Installation de la base avec passe-câbles



## Installation du bras



## Visser la plaque VESA à l'écran

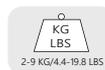


M4X9 est le format de vis VESA par défaut pour la plupart des écrans. Elle est conçue pour être vissable sans outil.

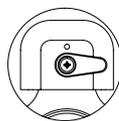


Les vis M4X12 sont fournies pour les moniteurs nécessitant des vis plus longues.

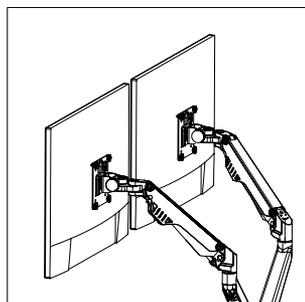
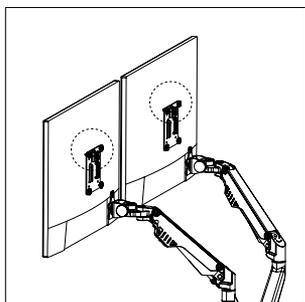
## Installation de l'écran



Avant de glisser l'écran sur le bras, s'assurer que le bouton de la plaque VESA est placé à la verticale.



Une fois l'écran en place, tourner le bouton vers la droite pour verrouiller la plaque VESA.

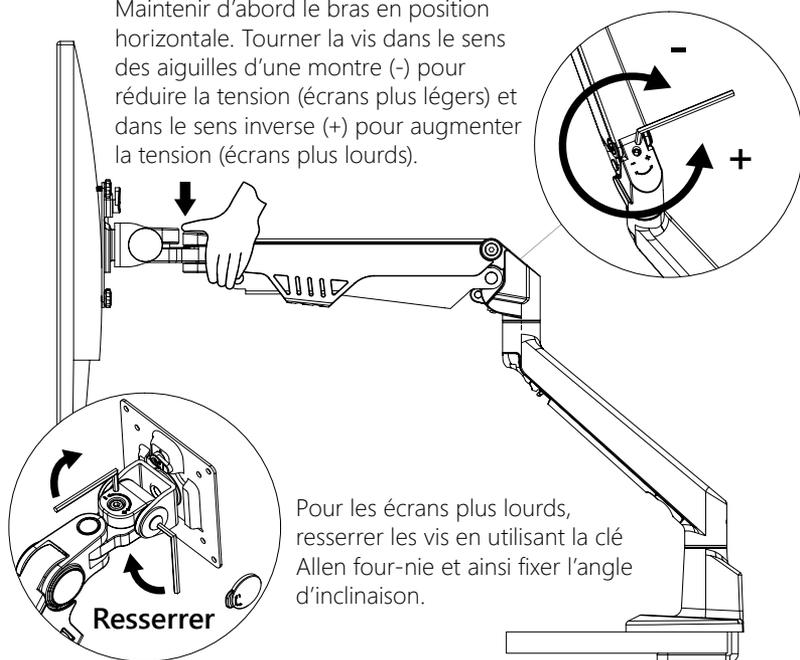


# UpCentric® - Bras articulé pour un écran

## Ajuster la tension du bras

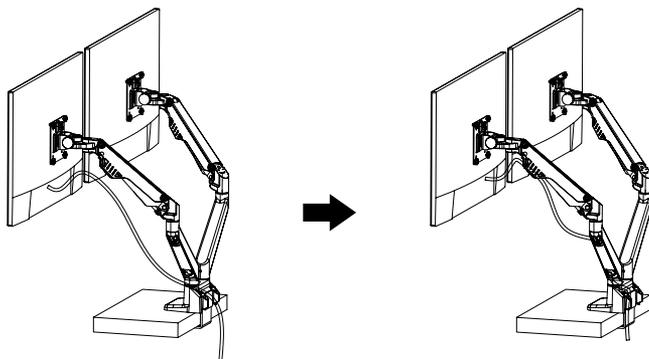
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Maintenir d'abord le bras en position horizontale. Tourner la vis dans le sens des aiguilles d'une montre (-) pour réduire la tension (écrans plus légers) et dans le sens inverse (+) pour augmenter la tension (écrans plus lourds).



## Gestion des câbles

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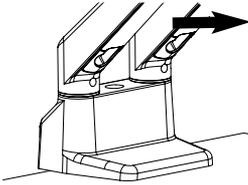
Les câbles peuvent être insérés dans la partie supérieure et inférieure du bras

**Remarque:** un espace équivalent à un câble doit être prévu pour permettre le mouvement du bras.

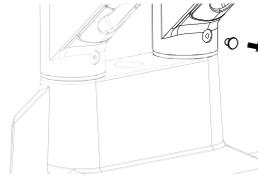
# Fonction optionnelle – limitation de la rotation sur 180°

La fonction de limitation de la rotation sur 180° est optionnelle; elle pré-vient le bras de percuter des cloisons ou murs.

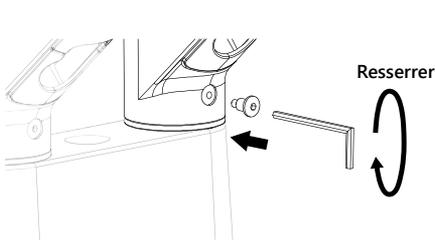
1. S'assurer que la partie inférieure du bras est dirigée vers la surface de travail.



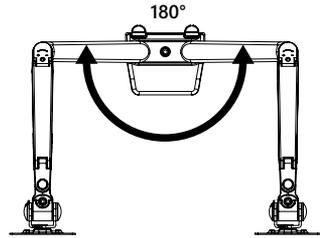
2. Retirer le capuchon de plastique situé sur le dessus de la partie inférieure du bras.



3. Insérer et serrer la vis de blocage pour limiter la rotation sur 180°.

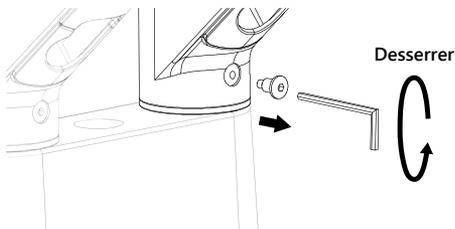


Serrer la vis de blocage

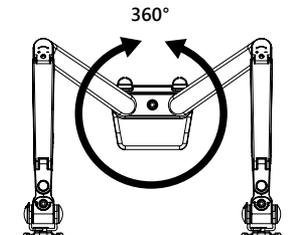


Le bras peut effectuer une rotation sur 180°

(Retirer la vis de blocage pour permettre la rotation sur 360 degrés)



Retirer la vis de blocage



Le bras peut effectuer une rotation sur 360°

# ergoCentric®

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